



THE FRIDAY FLYER

Carbeile Junior
School
10th January 2025

Dates for Diaries

17th February – Half term

24th February – INSET
day

25th February – Children
return to school

7th April – Easter holiday

22nd April – INSET day

23rd April – Children
return to school

5th May – bank holiday

26th May – half term

2nd June – INSET day

3rd June – Children return
to school

23rd July – last day of
school

School Meals

W/C 13.01.25

Monday

Red: BBQ chicken pizza
Green: Cheese pizza

Tuesday

Red: Chicken noodle stir fry
Green: Veggie noodle stir fry

Wednesday

Red: Beef lasagne
Green: Quorn lasagne

Thursday

Red: Chicken pittas
Green: Quorn pittas

Friday

Red: Fish fingers
Green: Fishless fingers

Please order lunches at the
weekend for the week or the
night before.

We are a healthy school so
please do not put chocolate
bars or sweets in packed
lunches. Thank you.

PTFA

We are holding a PTFA meeting
at school on Tuesday 14th
January at 2:30pm. We are
holding it during the school day
in the hope that more parents
may attend as they don't need
childcare. We would love to see
more parents come along and
get involved. There will be tea
and biscuits!

Film Night

We will be holding a Film Night
on Tuesday 28th January. More
details including which film will be
shown and how to buy tickets to
follow after the PTFA meeting.

Coats

Can you please make sure that
your child has a coat in school
every day. We try to get the
children outside, even in light
rain, but they will not be allowed
without a coat.

Lockdown Drill

We held a lockdown drill
on Thursday 9th January.
We are required to do this
to practice getting children
inside and keeping them
safe. Everything was
done in a very calm and
measured manner. I didn't
see a single child who was
worried or upset.

The Lottery

Please consider joining
our school lottery to help
raise money for fun
projects and activities for
our children.



MENTAL HEALTH SUPPORT TEAM - MHST
Cornwall Partnership
Local Foundation Trust

Parents and Carers
please join us at our
1hr online
Sleep Workshop

Monday 3rd February - 11am & 4pm
Tuesday 4th February - 9.30am & 2pm
Wednesday 5th February - 9.30am &
1.30pm
Thursday 6th February - 11am &
1.30pm

This workshop aims to provide
psychoeducation on sleep hygiene
and sleep routines. Also includes
practical strategies for helping
children

To book a place please complete
the online form [HERE](https://forms.office.com/e/7ac7qHLPfc)
<https://forms.office.com/e/7ac7qHLPfc> or scan the QR code

This workshop is open to parents/carers of
primary aged children enrolled in Reception