



# SCHOOL MEALS

# MENU

*Eat a balanced  
and healthy meal*



# SCHOOL MENU 2024

FRESHLY PREPARED SALAD, VEGETABLES AND FRUIT AVAILABLE DAILY

WEEK 1	MAIN COURSE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Mac N cheese with bacon (2,6)	Beef cottage pie (2)	Roast pork, apple sauce	Bbq chicken and rice burrito (4,7)	Breaded fish (3,6)
		Mac N cheese (2,6)	Quorn cottage pie (2)	Quorn fillet and stuffing (6)	Falafel wrap with yogurt and mint sauce (2)	Fishless fish fingers (6)
		Garlic bread, salad (6)	Green beans, carrots	Sweetcorn, broccoli, roast potatoes, gravy	Salad and coleslaw (1)	Chips, peas and salad
		Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)
		Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)
WEEK 2	MAIN COURSE	Oat crunchies (6)	Apple crumble and custard (2,6)	Vanilla ice cream (2)	Shortbread (6)	Chocolate Rice Krispy cake
		Chicken tikka masala (2,4)	Open chicken and ham pie puff pastry lid (6)	Roast beef and Yorkshire pudding (1,2,6)	Beef lasagne (2,4,5,6,7)	Fish fingers (3,6)
		Cauliflower and spinach curry (2,4)	Chickenless chicken pie (6)	Nutless nut roast and Yorkshire pudding (1,2,6)	Quorn lasagne (2,4,5,6,7)	Fishless fish fingers (6)
		Rice, pappadum, salad, coleslaw (8)	Mashed potato, sauteed cabbage, sweetcorn (2)	Roast potatoes, carrots, cauliflower (6)	Garlic bread, peas, salad (6)	Chips, peas and hoops (6)
		Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)
		Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)
WEEK 3	MAIN COURSE	Vanilla cheesecake (2,6)	Chocolate ice cream (2)	Fruit jelly	Steamed jam sponge and custard (1,2,6)	Lemon drizzle cake (1,2,6)
		Pepperoni pizza (6)	Tuna pasta bake (1,3,6)	Chicken burger (2,6)	Carbeile breakfast (4,7)	Breaded fish (3,6)
		Cheese pizza (2,6)	Nut free pesto pasta (6)	Quorn burger (6)	Carbeile breakfast (2)	Fishless fish fingers (6)
		Croquette potatoes, salad, coleslaw (6)	Garlic bread, peas, salad (6)	Potato wedges, sweetcorn, hoops (6)	Salad and beans	Chips, mushy peas and salad
		Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)	Cheese, tuna, beans (1,2,3)
		Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)	Ham, cheese, tuna (1,2,3)
WEEK 4	MAIN COURSE	Banana cake (1,6)	Raspberry ripple ice cream (2)	Pineapple upside-down cake (2,6)	Chocolate sponge and chocolate sauce (1,2,6)	Flapjack

## WEEK 1

19th Feb  
11th March  
15th April  
6th May

3rd June  
24th June  
15th July

## WEEK 2

26th Feb  
18th March  
22nd April  
13th May

10th June  
1st July  
22nd July

## WEEK 3

4th March  
25th March  
29th April

20th May  
17th June  
8th July

## ALLERGENS CODE:

(1) Eggs (2) Milk (3) Fish (4) Mustard (5) Soya  
(6) Cereal Containing Gluten (7) Celery (8) Coconut Oil

