

Sport Premium Report to Governors – Summer 2023

Key indicators

- 1. The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5-18 engage in at least 60 minutes of physical activity a day of which 30 minutes should be in school**
- 2. The profile of PE and sport is raised across the school as a tool for whole school improvement**
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**
- 4. Broader experience of a range of sports and activities offered to all pupils**
- 5. Increased participation in competitive sport**

Overall aims for this year and next term

This year, I would like to 'rebrand' PE at Carbeile alongside the reflective process that the school is currently going through. It is really exciting to be part of this and, I believed, PE should be a significant part of this.

In the Autumn term, I was fortunate to go the annual PE conference for Cornwall held at Falmouth University. There were two incredibly inspiring keynote speakers: they encouraged all who attended to rethink PE at school level. Their input really challenged my thinking and has prompted me to implement change at Carbeile. I want to, along with the staff, create a clear vision for PE at Carbeile.

Traditionally, primary school PE lessons have been focused on the technical elements of PE, how to throw and catch a rugby ball etc. Instead, we should consider **three main pillars of PE - motor competence; rules, strategies and tactics; and healthy participation**. I am planning a staff input into how we can do this at Carbeile and how our lessons can further embody the three pillars. I believe the teaching of PE is great at Carbeile, but we should always consider how we improve and develop. The needs of our pupils has changed (particularly since Covid) therefore we need to adapt our teaching to make the most impact. I would like the staff to consider 'what is our ultimate goal?' and 'how do we get there?'

The largest impact on our budget will be on the purchase of new adventure play equipment – The current equipment is beginning to show its age and is breaking. This has been be a large outlay but worth it in the long term.

Planned spending for 2022/23

Activity/equipment/training/other	dates	cost	Reason for spend
Extra-curricular sports clubs back on	Summer 2	<i>*Only if Teachers need specific equipment</i>	<i>To support sports clubs to improve activity levels</i>
Supply costs	Summer Term 2 (TBC)	TBC / check internal cover	To allow time for PE organisation and competition and sports day organisation
External sport coaches	Summer Term	600	I am investigating athletics coaches for lessons - teachers can then watch and use as CPD for when they teach athletics (this was identified as an area teachers wanted to develop).
External sport coaches for extra-curricular clubs Cornwall Cricket	Summer Term 2	TBC (hopefully free)	Increase teachers' knowledge and CPD. Develop the sport of cricket – the Yr6 children loved their cricket day which was delivered in the spring term.
Substantial portable basketball posts	Summer	Estimate £1000	We have tried a few different options but I think we need portable ones to make the most impact – most useful.
Absolute Education (software)	Summer	Estimate less than £500	Safeguarding. Much more effective way of recording groups for clubs, generates data for activity (PP and SEN). It can have wider school uses such as tutoring groups.
Playground equipment/ lines	Summer	TBC - depending on remaining budget	To further improve our outdoor space – promote healthy and active lifestyles – increase activity at lunch
ARENA Membership – early offers	Summer	TBC – haven't been released yet	To get better value for money
Yr 6 – fun sporting days – Surfing	Summer	TBC – less than £2000	Offer a wide range of sporting activity OAA curriculum

Fencing equipment	Summer	Awaiting quote from 'Leon Paul' (company)	Offer a wide range of sporting activity add an addition sport for indoor sessions – children have loved fencing as part of the ARENA alternative sports days
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Carbeile health and Fitness initiatives for this year:

Fitness and health initiative	Dates	Who is involved
Daily mile (TJ to discuss with staff)	<i>Spring/Summer</i>	<i>WHOLE SCHOOL</i>
<i>Additional exercise clubs e.g. Cross-country club, field gun Football Club Netball Club etc</i>	<i>Thursday after school Tuesday after school</i>	<i>Teachers TAs</i>
<i>Daily brain breaks</i>	<i>Once/twice every day</i>	<i>All children and staff</i>
<i>Organised lunch time exercise</i>	<i>Every day</i>	<i>All staff</i>
<i>Landrake run</i>	<i>March</i>	<i>Tom James plus running club team</i>
<i>Football matches</i>	<i>Ongoing Boys and girls teams involved in cup and league games</i>	<i>Matt Rockett</i>
<i>Netball matches</i>	<i>Tournament to be arranged – Millbrook and Antony</i>	<i>Naomi Lee/ Cath Thompson (Tom James -support)</i>
<i>Swimming gala</i>	<i>Hopefully this will be happening – waiting to hear details</i>	<i>Tom James</i>
<i>Sports day</i>	<i>Summer Term</i>	<i>Tom James Matt Rockett</i>

		<i>All Staff</i>
<i>Ultimate Adventure residential Y5</i>	<i>4th-6th May</i>	<i>Yr5 Team</i>
<i>Yr 6 activities week (after SATs)</i>		<i>Yr6 Team / Pete Hamlyn</i>
<i>Tag rugby matches</i>	<i>Summer friendlies with local schools</i>	<i>Tom James</i>
<i>Arena Alternative Sports Day Y3</i>	<i>July –TBC</i>	<i>Tom James / Yr 3 team</i>
<i>Arena Alternative Sports Day Y6 – change to Y5 due to strike days</i>	<i>July-TBC</i>	<i>Tom James / Yr 6 team</i>
<i>Bikeability YR5 and Yr6</i>	<i>January/ Spring</i>	<i>Tom James</i>
<i>Intra School dodgeball competition</i>	<i>Summer</i>	<i>Tom James</i>
<i>Intra School football competition – Women’s World Cup</i>	<i>Summer</i>	<i>Matt Rockett</i>
<i>Year 6 Cricket Day</i>	<i>Summer</i>	<i>Cornwall Cricket</i>

Plans to involve PP and SEND children in additional fitness activities this year

We have alternative sports days planned which SEND and PP children love.

PP residential trips are subsidised so that they have every opportunity to go.

We encourage student voice of PP and SEND children - giving students a voice and enhancing their ownership of physical activity delivery to ensure that activities are appropriately tailored to their needs can support participation. We have purchased equipment to suit a range of needs.

Create active environments – good access to, and integration in the school day of, open space, woodland areas, parks and playgrounds are positively associated with physical activity levels. They have access to a range of equipment; along with non-traditional play materials also support physical activity among children and young people.

Offer choice and variety – offering a variety of physical activity opportunities for young people to take part in, including free play can increase participation in physical activity. In addition, a focus on games and fun, as well as the more traditional sports or competitive activities, can help to encourage participation, particularly among inactive pupils.

Embed in curriculum, teaching and learning - increasing the amount of time spent being physically active during PE and other lessons can improve both physical development, educational outcomes and emotional development.

Promote active travel - active travel can play a key role in contributing to children and young people's physical activity levels. All children, who wanted to take part in Year 5 and 6, have gone through the Bikeability training (we prioritised PP and SEND).

Matt Rockett's afterschool club for disadvantaged and LAC children.

ARENA sport coach working with underconfident Yr 5 children on Fridays during assembly.

Budget has been used to subsidise Yr 5 residential trip – many PP children are unable to pay the full amount and would be unable to go and experience all the alternative OAA activities

PE Co-ordinator to give brief feedback on PE standards so far this academic year.

What has he observed?

Subject leader observation – Yr 4 tennis lesson.

What are the challenges preventing further improvement?

Negative football mentalities have impacted break/lunch times – now children are unable to play football due to their behaviour. This has also crept into PE lesson where children have found competition in games challenging as they are struggling to pull away from this ‘football culture’ (this also includes girls – not just ‘the lads’).

Because we have 3 or 4 classes per year group, trying to timetable hall PE is tricky. Also sharing out equipment during outdoor sessions can be a juggling act – we are building quality resources to try to limit this. Investing in specialist coaches to come in again to freshen up ideas for CPD for teachers will be something to look at for next academic year. Teachers do an amazing job but it is always good to see how others, with specific expertise, deliver their sessions.

- What new sporting experiences/activities do you hope to offer children by end of this year? Why have you chosen those activities?
Swimming!
Bikeability – promote active travel for a healthy life
SEND events
Sugar Smart Leaders – develop ipupils.
Residential trips – Mountain Boarding, climbing, assault course, coasteering, surfing, archery, shooting etc...
Alternative sports days – Frisbee, fencing to wide our offer of activities.
Fencing (swords) – Through pupil conferencing, children have asked about doing it and after further investigation, we can offer it.
- What do pupils enjoy most when taking part in PE lessons? – How do you know?

Pupil conferencing has shown that children enjoy the game element the most. They love that they get to play team or individual sports. Generally, they enjoy competition, however, some find this the most challenging aspect. They have also said they enjoy doing new sports.

- Do you pupil conference children to find out their attitudes to sport and if so what are the results?

Most children love PE, through pupil conferencing across all year groups, they often say that it is one of their favourite subjects (if not, their favourite). Most children are disappointed if their outdoor PE day is interrupted by bad weather – they enjoy it that much. A lot of children take part in extra curricular clubs involving a range of different sports.

- How do you and the rest of the staff encourage children to develop healthy and active lifestyles?

We aim to be role models through our conduct and promote a love of sport and exercise. Through staff auditing, I can see that the teachers are confident in their teaching of PE. There are several staff (teachers and Tas) who run various sports clubs throughout the year at break time and lunch time. The badminton competition between the staff was a huge success (congratulations to Mr H for winning the title). Most games were played during lunch times which, inevitably, led to children would pop their head in to look at what was happening – this all filters into their perception of sport belonging to everyone. The staff at Carbeile have amazing attitudes towards sport and many take part in sports groups or individual activities in their own lives outside of school. There is a 'Wet-Wednesday club' where a group of staff (not just teachers) go wild swimming. Some staff go to the gym and run together also. On PE days in school, staff wear sports kit to show they take sport seriously and get involved themselves. I am planning a staff input during a Staff Meeting.

- Do we meet the target of every child have 30 mins of physical activity per day in school? If not what plans do you have to achieve this goal?

Yes we achieve this. Through brain breaks and active lessons being encouraged wherever we can the children should hit the 30mins. Playground leaders have been hugely successful this year. I am going to introduce 'Boing' which is a free database filled with lots of mini games. Playground leaders and Staff will be able to access.

- How do we support holiday clubs?

We have had holiday events at school. Torpoint Athletic use our field for training – this support the community.

Matt Rockett is running an afterschool club which targets children who are disadvantaged and LAC. It focuses on activity and healthy eating – this is part of an outside agency.

- How do we encourage active teaching?

We have had a whole staff training session on OAA (outdoor and adventurous activity) which provided some great and practical ideas on how to take lessons outside. Our curriculum allows teachers to take learning outside. Forest Schools days have happened this year and more are planned for next year – every year group will be doing a session each term (3 times a year minimum). There will be more active learning will happen in the Summer, when the weather is better – such as orienteering.

- What do sports leaders do to encourage children to promote active playtimes?

We have an amazing team of Year 6 children who run the playground leaders group. They work every break and lunch time on both playgrounds. They organise and facilitate small skill-based games. Yr 5 pupils were selected to take part in the sugar smart leaders training. The hope is that they will take over the Yr6s next year.

Our new playgroup equipment is designed to encourage active breaks also.

- Do we have a Health and fitness sports board celebrating the individual/team success both in school and in outside hobbies?

We have subject boards outside the subject leaders' classroom and sport trophies are in the corridor. In addition, I'm planning to put up photos of the sport clubs teams to make this more prominent.

- What impact is the sports premium funding having on pupils fitness and health and how do you know that?

The **key indicators** show the impact that the funding has on our pupils.

1. The engagement of all pupils in regular physical activity is good at Carbeile – without the funding we could not provide the equipment needed to do this.

2. The profile of PE and sport is raised due to the funding. We have celebrated our teams and purchased new kits and amazing outside equipment.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport . I am continually asking staff if they are confident in PE and what I can do to help them. We are looking at having an athletics coach in during the summer to upskill staff in Yr 5. He will also be working with a target group (underconfident children) during assembly time as an intervention to build skills, attitude and confidence
4. We are able to broaden the experience of a range of sports and activities offered to all pupils with the funding – this year, extra equipment and swimming.
5. Increased participation in competitive sport – Our clubs have been hugely successful this year so far! We are hoping to hold intra-school competitions to further promote this – football and dodgeball.

Final table of sporting achievements for academic year 2022/23

- Cross Country

Runner Name	Race 1	Race 2	Race 3	Race 4	Race 5	Medal Qualifier	Overall Series Position (Completed 4 or more races)
ALEX CASE		47	58	52		Yes	
ALEX FROESE	86	77	49	62	73	Yes	5/6 Boys Position 61
ALFIE NICHOLSON		61	57	51	49	Yes	3/4 Boys Position 47
ALFRED CLARK			73	37	63	Yes	
AVA CAMPBELL		71	47	38	39	Yes	3/4 Girls Position 47
BUSTER BICKLE		85					
CAMERON GORDON	45	31		49		Yes	
CAYDIN COLES			102				
DAPHNE GANT		DNF			DNS2		
FINLAY GILLARD	21	39	15	22	DNS2	Yes	5/6 Boys Position 24
FLORENCE ZINN	2	2	2	1	2	Yes	5/6 Girls Position 2
GRACIE WILKES	102	46	54	41	40	Yes	5/6 Girls Position 44
HARVEY WOODROW	91						
ISAAC ANDERSON		60	75		74	Yes	
JAMES HILL ROBERTS	70	90		64		Yes	
LEXI CARTER	101		52				
MAX PERROW SMITH			117		102		
MICAH MARTIN			12	15	26	Yes	
OLIVER BABB		12	13	12	9	Yes	5/6 Boys Position 11
OSCAR HANNON				70	84		
POPPY HUGGIN		42	43	42	35	Yes	5/6 Girls Position 37
POPPY MILLER	97	79					
RAFE DIAMOND	86	74			73	Yes	
RHYS HULM	93						
SEB FLOOD	44		35	48	22	Yes	3/4 Boys Position 32
SONNY MCTIERNEY			30	30			
SOPHIE BAKER				79			
SUMMER BROGAN		18	51	47	DNS1	Yes	
TAYLOR DOHERTY	2	2	6	33	5	Yes	3/4 Boys Position 3
THOMAS STENNING		62					
WILL HOLMES	52	40	7	43	31	Yes	5/6 Boys Position 32
WILLIAM HYDE	8	9	39	11	12	Yes	5/6 Boys Position 10

Year 5/6 Boys team came 3rd overall

4 qualified for the Cornwall County finals – Results:

WILLIAM HYDE	CARBEILE	Y6	45 th
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OLIVER BABB	CARBEILE	Y5	47 th
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FLORENCE ZINN	CARBEILE	Y5	1 st
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TAYLOR DOHERTY	CARBEILE	Y4	14 th
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- Landrake run – 35 runners
Carbeile came 3rd best school overall
- How many football matches were played against other school and final won/draw/lost results

Boys

Cup match v Bishop Cornish Lost 3-2

Cup Match v Bishop Cornish Lost 4-3

League Match v Liskeard Won 8-0

League Match v Brunel Won 2-0

Girls

Cup Match v Burraton Won 6-2

Cup Match v St Mewan Won 4-0

Cup Match v Charlestown Won 10-2


Cup Final v Bishop Cornish TBD (Playing 15 May 2023)

League Match v Burraton Won 3-0
League Match v Bishop Cornish Lost 8-0
League Match v Dobwalls Won 8-0
League Match v Brunel Won 6-3

**Boys football team – League Winners
Cup Winners**

**Girls football team – Joint winners of league
Cup Finalists**

How many netball matches were played against other schools:

	Carbeile Junior School High Five Mini Tournament 2023	
	Front Court (5 / 6 playground)	Back Court (3 / 4 playground)
1:00pm	Warm up	
1:15- 1:25	Carbeile A v St Nic A St Nics A Win	Carbeile B v St Nic B St Nics B Win
1:30-1:40	Carbeile A v St Nic B Carbeile A Win	Carbeile B v Millbrook Millbrook Win
1:45- 1:55	St Nic B v Millbrook Millbrook Win	Carbeile B v St Nic A St Nics A Win
2:00 – 2:10	St Nic A v St Nic B St Nics A Win	Carbeile A v Millbrook Millbrook Win
2:15 – 2:25	St Nic A v Millbrook Millbrook Win	Carbeile A v Carbeile B Carbeile A Win
2:30pm	Presentation 1 st – Millbrook Year 6 2 nd – St Nics A Year 6 3 rd – Carbeile A Year 6 4 th – St Nics B Year 5 5 th Carbeile B Year 5	

How much has been spent in total this academic year and what are the tangible benefits to the health and fitness of the children?

Activity/equipment/training	Intent/Reason why	Date	Cost	Impact
Swimming Training	CPD for 2 members of staff for swimming teaching	Autumn	£60	Increased number of children swimming 25m and/or greater water confidence.
Rugby Balls	To replenish and improve the range of equipment	Spring/Summer Term	£198	PE lessons will not be limited Children with SEND needs are catered for Break and lunch time equipment
Sugar Smart Leaders Training for Y5 children	Encourage pupils and promote activity during break and lunch times	Autumn	£325	Promote healthy and active lifestyles
Dodgeballs	To replenish and improve the range of equipment.	Spring	£125	Running Intra school comp with a focus on sportsmanship and competitiveness.
Netball bibs	For school netball club	Spring	£91.20	For the club to run effectively – Children enjoying games
Pop-up goals	To replenish and improve the range of equipment.	Spring	£115.20	More equipment to be shared across the year group when doing PE at the same time.
Foam balls	Break and lunch time Yr3/4	Autumn	£179	Active break and lunch times. The other balls were too hard – causing injuries.
New School Sports Team kit (tshirts, shorts and socks)	Rebranding sports teams – teal shirts	Autumn/spring	£1082.05	Promote the school's sporting groups
Swimming noodles	To replenish and improve the range of equipment.	Spring	£114.75	For teaching swimming effectively and safely.

Bibs	To replenish and improve the range of equipment.	Spring	£144	More equipment to be shared across the year group when doing PE at the same time.
School flag – for sporting events (cross-country)	To promote school sports teams/ sports day – rebrand	Summer	Free – sponsored	Promote the school sport
New playground equipment	Increase break and lunch activity. Can also be used for lessons	Summer	£19637.60	Increase number of children being independently active at break and lunch to promote a healthy lifestyle
Subsidise Yr 5 residential trip	To support families pay for the trip – some children would be unable to afford send them.	Summer	£2520	More children (disadvantaged – lower income) have the opportunity to take part in wider activity and enjoy a healthy and active lifestyle.
Cross country race entry charges	To take part in the cross country events	All year	£67	Children competing against other schools.
ARENA Sports coach	To upskill Yr 5 teachers in teaching athletics and also provide confidence building sessions with targeted children	Summer	£675	CPD for teachers Quality delivery for children (athletics) Increase participation for the targeted children – build self-esteem
Swimming hire and cost of pool	For Yr 5 children to go swimming as part of the curriculum	Spring	£402.08	KS2 expectation that children can swim 25metres and use a range of strokes. For all children to increase water confidence. TO develop life and life-saving skills
Leon Paul fencing equipment	Children to have a wider range of sports	Summer	£2880	Increase positive attitudes towards sport and activity.

	– Pupil conferencing has shown they want fencing.			Children build confidence with gross and fine motor skills. Improve discipline and follow sport etiquette – this has been an issue
Basketball Posts x4	For both playgrounds and to have for PE lessons	Summer/Aut	£1320	More activity at break and lunch times. Improve resources for lessons.

Allocated £37,562 in the budget. We have spent £27,956.10.

This will leave us with £9,605

- For the remaining budget, I'd like to further improve our playground environments: lots of extra equipment, potential new markings, potential traversing wall etc.
- Some money to go towards CPD next year – Fun Fit training for Sharon Newbury. Swimming training for Carys Owen and Mike Nicholson
- ~~Yr 6 fun days could use part of the budget – potentially surfing (currently investigating – it was £25 per child last time (£2000 approx for the year group)). We would not cover the cost completely, but we could help families by subsidising part of this cost – not all children would want to take part either, again, reducing cost. This would be a good use of money as parents are unable to pay for trips in the current climate and we want them to experience as much physical activity as possible. This wouldn't be the best use of money as most of the children did not want to take part.~~

Swimming data Number of children in Year 6 cohort: 84 pupils

Meeting national curriculum requirements for swimming and water safety. Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the NC programme of study	
What percentage of our current Year 6 cohort, swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though our pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2022. Please see note above	70%
What percentage of our current Year 6 cohort, use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? Please see note above	67%
What percentage of our current Year 6 cohort perform safe self-rescue in different water-based situations?	82%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have we used it in this way?	<p>Yes/No</p> <p>Holly Bridges took a small number of SEND students swimming at Whitsand Bay Swimming Pool.</p> <p>Great for their water confidence and sensory needs.</p>