



## **RELATIONSHIPS & SEX EDUCATION POLICY (RSE)**

PH – Feb 2024

### **1. Introduction**

Relationships and Sex Education at Carbeile Junior School is planned in the context of a broad and balanced programme of personal, social and health education from early years of schooling. It is set within the framework of the National Curriculum and taught through topics wherever possible.

Relationships and Sex Education is also set within a more holistic moral framework which takes into account different cultural and religious standpoints and as such contributes to ensuring the well-being and safeguarding of our children. This policy is in line with our Child Protection and Safeguarding Policy.

### **2. Aims and Objectives**

- to raise pupils' self-esteem and enable them to communicate well with each other, building relationships and making decisions together.
- to provide the knowledge and information to which all pupils are entitled and to clarify/reinforce existing knowledge.
- to help children to learn about human growth, development and reproduction, appropriate to each level of pupil's own growth and development.
- to begin to prepare them for future roles as parents and carers.
- to develop their understanding about human emotions, sexual behaviour and the nature of sexuality.
- to raise children's self-respect, to foster their respect for others, to develop a sense of personal responsibility and to learn the value of personal relationships.
- to examine the social, moral, legal and cultural aspects of matters to do with sex in a responsible way, respecting other people's social, cultural and religious backgrounds.
- to develop children's confidence in dealing with conflict, to resist their own exploitation, to ensure they do not become victims and that they avoid taking advantage of others.
- to allow children to discuss personal issues and anxieties in a secure atmosphere.
- to develop skills for a healthier, safer lifestyle.
- to develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media.

### **3. The Teaching Programme for Relationships & Sex Education (RSE) Legal requirements**

All schools must teach the following as part of the National Curriculum Science Orders, parents do not have the right to withdraw their child/children.

#### 4. National Curriculum Science

##### Key Stage 2 – life processes and living things

1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction.
  2. f) about the main stages of the human life cycle.
- Every child is entitled to receive relationships and sex education regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language special needs, disadvantaged and looked after children.
  - It is our intention all children have the opportunity to experience a programme of relationships and sex education at a level which is appropriate for their age and physical development with differentiated provision if required.

#### 5. Organisation

##### a) Who Will Teach Relationship & Sex Education?

Since Relationship & Sex Education is taught within the context of curriculum topics, the class teachers will be responsible for delivering it. Specialists from health organisations may be invited to enhance the programme. On such occasions the teacher will always remain with the class and support the visitor.

##### b) Handling Questions

Pupils questions will be answered truthfully and sensitively by their class teacher with due consideration given to the religious or cultural background of the child. Correct biological language, as referenced in the CWP and agreed by the school, will be used.

##### c) Classroom Arrangements

In principle, children will receive their Relationship & Sex Education as part of a mixed class, although it may sometimes be appropriate to deal with issues in single sex groups. This will be organised at the discretion of the class teacher.

##### d) Resources

The school will be following the scheme of work outlined in, 'The Christopher Winter Project - Relationship and Sex Education'. This will be supplemented by Channel 4 Living and Growing video (alternate) Unit 1, 2 & 3 plus work books. An overview of the resources and age at which they are delivered is contained overleaf.

Year Group	Subject Areas – Christopher Winter Resources	Living and Growing Series
Year 3	Differences – male and female Personal space Family differences	Unit 1 Programme 1 – <i>Differences</i>
Year 4	Growing and changing Body changes and reproduction What is puberty?	Unit 1 Programme 2 – <i>How Did I Get Here?</i>

Year 5	Talking about puberty Male and female changes Puberty and hygiene	Unit 2 Programme 4 – <i>Changes</i> Unit 3 Programme 7 – <i>Girl Talk (physical/emotional changes)</i> Unit 3 Programme 8 – <i>Boy Talk (physical/emotional changes)</i>
Year 6	Puberty and reproduction Relationships and reproduction Conception and pregnancy	Unit 2 Programme 5 – <i>How Babies Are Made</i>

Christopher Winters RSE Project: <http://cwpresources.co.uk/home/>

## 6. Equal Opportunities

Carbeile Junior School believes that Relationships & Sex Education is an entitlement for all children regardless of gender, race or creed.

The 1993 Education Act gives the parents the right to withdraw their children from all or any part of Relationship & Sex Education, other than those elements which are required by the National Curriculum Science Order.

## 7. Parental Consultation

Staff, parents and governors were invited into to school to attend consultation sessions prior to the Christopher Winters Programme being adopted.

Carbeile Junior School includes information on Relationships & Sex Education in the school prospectus and full details are available on request, or via the school website.

The school informs parents when aspects of the Relationships & Sex Education programme are taught and an overview of the programme (including lesson plans) delivered across the key stage is made available on the School website to support and reassure parents.

Though the importance of Relationships & Sex Education is communicated to parents/carers, Carbeile Junior School respects parental rights to withdraw their children from those aspects of the programme not included in the national curriculum. Parents wishing to exercise this right must inform the school in writing. The opportunity to request the withdrawal of their child from the programme will be provided. The school welcomes the opportunity to discuss the withdrawal with the parents to ensure there are no misunderstandings about the nature of the programme and in order to clarify which parts of the programme are required by the National Curriculum.

## 8. Child Protection / Confidentiality

Teachers need to be aware that effective Relationships & Sex Education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

The staff member will inform the Head Teacher /Designated Safeguarding Lead person in line with the LA procedures for child protection. A member of staff cannot promise confidentiality if concerns exist.

## 9. Recording and Assessment

Relationships & Sex Education is taught within the framework of the National Curriculum and will be delivered through topics wherever possible. Recording and assessment will be carried out in accordance with the schools normal practices, i.e. through observations, discussion and evaluation of written and pictorial evidence.

## **10. Related Documents**

PHSE Policy  
Equal Opportunities Policy  
Safeguarding & Child Protection Policy  
Teaching and Learning Policy  
Curriculum Policy

### **Confirmation of Review**

A full review of the Relationships & Sex Education Policy has been carried out and unless specific need requires earlier revision, each document will be reviewed every two years to demonstrate our commitment to keeping information fresh in our minds. Copies of this document will be stored electronically by the Senior Administration Officer and Clerk to the Governors. A paper copy will be stored in the policy file and is available from Reception upon request.

Next Review: September 2025

Head Teacher: Mr P Hamlyn

Chair of Governors: Mrs S. Morton

Date: 16<sup>th</sup> February 2024