

AUTUMN NEWSLETTER 4 – 22.09.2023

Hi everyone,

The weather has certainly put a dampener on the week this week, hasn't it? Wet play times and lunchtimes a little earlier in the year than we would have liked, but the children have managed them all very well.

This week, SLT have enjoyed going around the classes to see how things are going regarding the teaching and learning. We are also all really looking forward to receiving 32 new Chromebooks. We had a pot of money that had to be spent on certain items and we thought our IT could do with an update. This means quality Computing lessons being taught weekly by our amazing HLTAs. This week we also welcomed a pupil back to Carbeile who has been out at the Invictus Games. A huge congratulations to Cody Morton for competing in such a prestigious event.

A quick reminder about the PTFA meeting on Monday 25th at 5.00pm. Look forward to seeing you all there!!

Have a wonderful weekend, it is very well deserved this week!!

Take care

Mr. H

Library

We now have an Amazon Wishlist for the school library! If you'd like to donate a book to us, we'd be very appreciative. We have begun by adding a few books by Lindsay Littleton who is this term's Author Spotlight. She has even written to us at Carbeile to share how much she loves to read too! Thank you for your continued support.

https://www.amazon.co.uk/hz/wishlist/ls/U8AHVV33CAOI/ref=hz_ls_biz_ex

Miss Worth, Library Lead

Meet the Teacher

I wanted to say a huge thank you to everyone who attended the sessions on Tuesday. It was a great idea of Mr. Nicholson's and something we will aim to do every September. Please remember that our open-door policy means you can speak to any member of staff whenever you need to.

Year 5 and Year 6 Residential

As discussed during the 'Meet the Teacher' sessions, we have been forced into making a couple of changes regarding the residentials that we offer. There have been a number of things at the Ultimate Adventure Centre that haven't met our high standards, especially when we consider the amount of money you are paying. This has never impacted the enjoyment of the children, but staff know things could be better.

We are therefore proposing that the residential will move to Year 6 from now on, and at a different location. This means that those parents who have paid cash so far for the year 5 trip can come to reception to collect a refund, and then there will not be a residential this year for either year group. It will mean that no year group has missed out on a trip, but we can also confidently offer the best residential possible for Year 6 in Summer 2025.

National Trust

Check out the link below for up to 2 adults and three children for a free entry to any National Trust property. Might be something lovely to do this weekend!

<https://www.nationaltrust-tickets.org.uk/category/33543?branches.branchID=2286>

Autism and Sleep

There is a free online event being run by Bristol Autism Support that might interest parents. This is an online drop-in session looking at sleep and autism it will include support to help reduce stress around sleep. The session will be delivered by Vicky Cooksley who is a certified sleep coach specialising in autism & sleep. The session will be delivered over Zoom. The session is free. It is for parents and carers of autistic individuals (no diagnosis required) living in South West England you must be registered in advance.

https://www.eventbrite.co.uk/e/autism-sleep-online-drop-in-tickets-680486412177?keep_tld=1

Help with Debt

Dear parents

The charity CAP (Christians Against Poverty) has been helping people in Liskeard, Plymouth and Looe for many years and has now expanded to be able to help people who live in postcodes PL10 and PL11. We are an award-winning charity that helps people out of their debt. As well as the expert advice about getting out of debt, we support you emotionally, taking into account your wider circumstances and any additional requirements you may have. We visit you in the comfort of your own home (or elsewhere if you prefer). We work closely with the local jobcentres, social workers, social prescribers, community hubs and the foodbank, amongst others. It is completely free and is funded by thirteen local churches across the Rame and Rivers Churches Group (including St James, Torpoint). Please see the attached leaflet with more information about how we can help. We encourage you to make that call to start your journey out of debt. Just call freephone 0800 328 0006 to make that first appointment with your local Debt Coach."

If you are feeling weighed down by debt, then we can help. You may think your situation is impossible, but there is hope. Our friendly team will give you a listening ear in confidential appointments and provide a practical solution to your debts.

Since we started helping people out of debt in 1996, we've helped thousands in situations like yours through our professional service offered by over 250 CAP Debt Centres. So ring us today and begin your journey to becoming debt free.

Does it cost anything?

Our service is completely free. We are able to provide a totally free service because CAP is a charity and receives donations from churches and individuals who want to help people.

Will my creditors cooperate with you?

Yes. We have worked with over 1,000 companies within the finance industry and we are well respected. This means that councils, utilities and mortgage companies work with us because they have seen the results of our involvement. They know we offer fair repayments based on what you can afford.

Is CAP just for Christians?

No. CAP will help anyone regardless of their religious beliefs. We are committed to our service being available to all individuals regardless of age, disability, gender reassignment, pregnancy and maternity, race, religion or belief, sex and sexual orientation. Will take appropriate measures to monitor this.

How our debt help service works

1 Local appointments

After you call CAP, a Debt Coach from a local CAP Debt Centre will carry out your first appointment.

2 An effective budget

Our trained Debt Advisors will work out a realistic budget that prioritises your essential bills. We will negotiate affordable payments with each creditor and attempt to stop unfair interest and charges where possible. Your local Debt Coach will then explain the budget and the payments you will need to make.

3 CAP Plan

In most cases, a CAP Plan is set up for you. You will need to make one monthly payment into your CAP Plan to cover your debts and also bills if appropriate. CAP will then distribute this to your creditors on your behalf. You can also build up savings through your CAP Plan.

4 Severe debt


If you are in severe debt, we can walk you through insolvency options, such as petitioning for bankruptcy and helping you to fill out the forms.

5 Debt free

You can use your CAP Plan to pay your bills and debt repayments until you are debt free. We look forward to celebrating with you when you cross the finish line!


Call free on: **0800 328 0006**
or visit: **capdebthelp.org**

We know it takes a lot of courage to make the first call. But the sooner you ring, the sooner you'll have peace of mind.




With help from CAP, I sat down and looked at how to manage my everyday life. Now I no longer get up thinking about debt every day and wondering whether I can afford to feed my children.

Francella



With CAP, you've got food in your cupboard, all your bills are paid, nobody's phoning you asking for money. It's such a weight off your shoulders. You're not a slave to debt – and that's priceless.

Reg and Janice



When CAP is involved, they don't just leave you. Even when you're debt free, they're still there for you. They actually get to know you. It has turned my life around.


Sharon

CAP DEBT HELP

Lifting the weight of debt

Free debt advice and personal support in your community.

Call free on: **0800 328 0006**
or visit: **capdebthelp.org**




CAP are unsurpassed when it comes to the debt help they give people across the country.


Martin Lewis,
Money Saving Expert

CAP DEBT HELP

Lifting the weight of debt

Free debt advice and personal support in your community.






capdebthelp.org **always hope.**

Book your free appointment
0800 328 0006
capdebthelp.org

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Attendance

There was a really interesting article in The Guardian this week about how attendance in schools has been a real problem since the pandemic. Two of the rather concerning statistics are:

- Overall absence has increased by 50% since 2019.
- Persistent absenteeism (over 10% of school missed) has doubled.

It is for these reasons that we really have to work together to keep the attendance at Carbeile as high as we can make it. The article talks about how there has been a breakdown with parents' social contract with schools. I genuinely do not think this is the case at Carbeile, and I know we can skew the trend nationally and get our children into school. The article is below if you're interested.

<https://www.theguardian.com/education/2023/sep/21/parents-in-england-no-longer-see-daily-school-attendance-as-vital-report-finds>

End of Day Dismissals

Hopefully you will agree that with TCC down one side and us down the other, the end of day is better. If you see any issues however, please let me know.

ParentPay

Can I please remind parents to set up auto top up on ParentPay so that you never go overdrawn on your account. It will then add more funds when you get below a certain amount. You can also set up alerts.

Nasal Flu Vaccinations

There will be a Catch-Up Clinic at the Torpoint Family Hub on Monday 23rd October for all those children that did not receive their nasal flu vaccinations yesterday. Parents/carers need to book an appointment by calling 01872 221105 in advance.

Music Lessons

Please see the following about one of our peripatetic music teachers, Daniel:

I have been teaching guitar in schools since 2004 I also provide individual tuition in homes or online via Zoom.

I have always considered my key role to be one of encouragement. Whether students are absolute beginners or come with prior knowledge, I encourage their development, help them to retain that initial spark, and continue to grow as musicians.

To achieve this, I use a variety of teaching aids: guitar tab, standard musical notation and most importantly encouraging them to listen critically and to deconstruct songs in order to understand the guitar's role within a piece. I always hope, with all my students, that they will continue to play, and most importantly, create music.

The address below will take you to the CMST website. where you can find further information and sign up for lessons.

<https://cmst.co.uk/signup>

Assembly Superstars

I will text out a link to the post that I add every week that has the pictures of the assembly stars on. You can all then check out how amazing they are, rather than me naming them all here (as we can't use full names and there are multiple children with the same name in a year group).

Most Awesome Person of the Week

This person is in my Year 6 maths class and I could give them the maths award every week. But when I actually looked at it, she is far more than an awesome maths student, she is polite, cheery, good at participating in lessons and is very mature with her friendships. Definitely the most awesome person of the week...Emmie in Year 6. Well done.

Dates for your diary (just Autumn Term now!!)

Date	Event
AUTUMN	
Friday 29th September	MacMillan Coffee Morning. Parents/carers welcome to come in to school at 10.00am to enjoy some cake with their children. Bring some pennies to buy baked or faked goods!
Tuesday 3rd October	Tempest Photos
Thursday 12th October	Year 5 Celebration Assembly – 2.00pm
Tuesday 17th October	Year 5 Science Dome
Tuesday 17th October	Parents' Evening
Wednesday 18th October	Year 3 Celebration Assembly – 2.00pm
Thursday 19th October	Parents' Evening
Friday 20th October	INSET Day, children not in school
23rd – 27th October	HALF TERM HOLIDAY
Thursday 2nd November	Years 3 and 4 Halloween Disco
Friday 3rd November	Years 5 and 6 Halloween Disco
Wednesday 8th November	Year 6 Aquarium Trip
Friday 10th November	Remembrance
Sunday 12th November	Remembrance Parade in Torpoint. Head Pupils and Team Captains required.
Friday 17th November	Children in Need
Tuesday 21st November	Year 4 Celebration Assembly, 2.00pm
Monday 27th November	Year 6 Celebration Assembly, 2.00pm
Friday 8th December	Christmas Jumper Day

Friday 8th December	Christmas Fayre
Monday 11th December	Carol Concert (TBC)
Tuesday 12th December	Carol Concert (TBC)
Thursday 14th December	Children's Christmas Lunch
Monday 18th December	Autumn Term Reports to Parents
Tuesday 19th December	LAST DAY OF AUTUMN TERM
20th December-3rd January 2024	CHRISTMAS HOLIDAYS