

## Puzzle Piece 6 Changing Me Unit

Session	Year 3	Year 4	Year 5	Year 6
1	To understand that changes happen between conception and growing up	To understand that some of my personal characteristics have come from my birth parents	To be aware of my own self-image	To understand how I can develop my own self-esteem
2	To understand how a baby grows and develop	To identify the external parts of male and female bodies that are necessary for making a baby.  (can withdraw)	To explain how a girls' body changes during puberty	To understand how to look after yourself both physically and emotionally during puberty Girls' session
3	To identify how boys' and girls' bodies change on the outside when they grow up	To understand how a girls' body changes in order for her to able to have babies when she is an adult	To explain how a boys' body changes during puberty	To understand how to look after yourself both physically and emotionally during puberty Boys' session
4	To identify how boys' and girls' bodies change on the inside when they grow up	To understand how the circle of change works	To understand that sexual intercourse can lead to conception.  (can withdraw)	To explain how a baby develops and is born.  (can withdraw)
5	To identify the stereotypes, I have about parenting and family roles	To identify changes that are and continue to be out of my control and ways of coping with this	To identify what I am looking forward to about becoming a teenager understand this brings growing responsibilities (age of consent)	To understand how being physically attracted to someone changes the nature of the relationship.  (can withdraw)
6	Identify the changes I will make for next year	To explain how I am going to make changes for next year	To know how to prepare myself emotionally for the changes next year	To understand the importance of positive self-esteem