



Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. the engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. the profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. broader experience of a range of sports and activities offered to all pupils
- 5. increased participation in competitive sport

Funding - Individual schools will receive circa £16000-18000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; staff CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

| The total funding for the academic year 2018/19 | £25,747 |
|--|---------|
| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? | 88% |
| What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? | 70% |
| What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? | 88% |
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way? | No |

Accountability & Impact -

Schools are required to keep

parents informed and publish plans for deployment of premium funding on their website by April of each academic year. Schools will be expected to track pupils to be able to show what improvements have been made and evidence the impact of the sport premium. From September 2013, Ofsted inspectors will assess and report on how effectively this new funding is being used when making the judgement on the quality of the school's leadership and management.





Lead member of staff responsible

Grant Walker

Lead Governor responsible

Time 2 Move - 'Time2Move' is the Cornwall Framework for PE and School Sport. It has been produced by a range of key stakeholders here in Cornwall including Head Teachers and subject specialists taking into account the outcomes of the primary sport premium and Ofsted recommendations. For those schools seeking a comprehensive school sport offer it provides a blueprint to develop excellent delivery both within and outside the school gates. As part of this initiative schools are provided with advice and guidance including a self-assessment audit and action planning template (for further information go to www.cornwallsportspartnership.co.uk/pe-and-school-sport). The following table outlines plans for the deployment of the sport premium funding this year set against the ambitions of the framework.

| Area of Focus & Outcomes | Actions (Actions identified through self-review to improve the quality of provision) | Funding -Planned spend -Actual spend | Impact -Impact on pupils participation -Impact on pupils attainment -Any additional impact -Whole School Improvement (Key Indicator 2) | Future Actions & Sustainability -How will the improvements be sustained -What will you do next |
|--|---|--------------------------------------|---|--|
| Curriculum Delivery engage young people in a high quality, broad and balanced curriculum | At Carbeile we use the ARENA planning framework to make sure that we are covering a broad and balanced curriculum in P.E. All the lessons are differentiated so that all abilities can take part in every session. Using the ARENA planning the school have a PE map of what the children learn in PE throughout the school. This insures that children are getting varied sports as they go through the year groups. | £550 per year | All children can participate in the entire PE lesson because they are differentiated by a bronze, silver and gold challenge. Therefore all children will learn the same sport/skill but the outcome of how they perform that skill will determine the level they are at. Using this scheme means that all children at are school are able to access every part of our P.E curriculum and experience a wide variety of activities. Using the ARENA planning, progression is clear and measurable. | As a school we have adapted the ARENA planning and therefore these plans we keep and re-use. The plans and the overall curriculum will be reviewed by the P.E coordinator each year. The next step is for the PE coordinator to work with year group teachers to ensure the PE curriculum remains interesting and challenging for all. The PE coordinator will keep in touch with ARENA to make sure we have all the up to date resources. |





Physical Activity, Health & Wellbeing

all young people are aware of health related issues and are supported to make informed choices to engage in an active and healthy lifestyle

(Key Indicator 1)

- 1. Wake up Shake up. This is done every morning for 10 minutes by year 3 and 4 before the children come in to start the school day. The Wake up Shake up aims to get the children moving and active before they come into the classroom.
- 2. Sugar Smart LEaders. This is provided through ARENA. The children chosen to become a Sugar Smart Leader are given 8 hours of training where they learn how to organize and teach games suitable for different ages and abilities. They are able to use healthy diet and food choices to support their delivery of playground activities.
- 3. Fun fit. This is for children with SEN who need time for their sensory needs, using deep pressure exercises. This is done with a trained TA for 15 minutes every afternoon. The children who go for Fun Fit really benefit for this time to be active.
- 4. Sports equipment on the playgrounds. Both playgrounds are provided with play equipment to be used at lunch times. This gives the children chance to

3.£250

6. £75 7. £20 per hour 8. £6732.38

- 1. All Year 3 and 4 children are getting 10 minutes of exercise before they start the day in the classroom. This gets them active, awake and alter before coming in for the morning lessons.
- 2. The SugarSmart have has the training provided by ARENA which has taught them how to organise small, active games in the playground with different children at lunch time. This is encouraging active play at lunch time.
- 3. Fun Fit allows children that need to release stress and energy to do so every day in a safe and fun environment. It allows these children to be active half way through the afternoon and helps them refocus once they come back into the classroom.
- 4. The sports equipment in the playground gives all children the opportunity to be active at playtime or lunch time. The equipment is also used by the playground leaders that set up active games for the other children.
- 5. The log climber and obstacle course is used by all children throughout the week and lunch times and play times. It is also used as part of some P.E

- 1. This is a free activity that can be carried on until we feel necessary. As a school our next step is to start to change some of the routines so that children are fully engaged in the Wake up Shake up.
- This service is provided at part of our ARENA package and is one of the reason we use ARENA as we feel it is important that the children take ownership of being active in school.
- 3. Fun fit is run by one of our paid TA's who is trained in delivering Fun Fit. We will always have a member of school who is trained to delivery this to the children. Currently we are using the Sports Leaders UK activities as part of the Fun Fit sessions to make them fun and engaging.
- 4. All this equipment has be brought and kept on the school site specifically for these purposes.
- 5. The log climber and obstacle course has previously been paid for and it set up on the school ground for the children to use when ever given the chance. They are built to sustain the weather and last.
- 6. These resources are paid for





- use equipment that requires coordination, different skill sets and sometimes team work.
- 5. Log climber/obstacle course. Both playgrounds are equipped with some climbing equipment which is used every lunch time by all the classes. Fun fit also use the climbing frames.
- 6. Sports leaders UK. This is a scheme that has provided lots of different activities to try and help encourage reluctant children in PE to become active in some way.
- 7. Swimming. Year 5 and 6 have half an hour a week additional to their PE lessons at the swimming pool. A qualified instructor is used to boost the children that struggle with their swimming.
- 8. Equipment to increase physical activity on the playgrounds.
 Including Concrete Table Tennis Tables x2 Den building equipment, Quadroplay, Hula Hoops and Storage facilities. This is to enable children to take more active time during break and lunch through a range of activities.

- sessions. The children are being active when climbing and completing the obstacle course.
- 6. The Sports Leaders UK resources are being used in Fun Fit and as activities in P.E lessons. All these activities are designed to engaged all children into doing something active. We have found that children that do not normally like to take part in sports or team games activities usually enjoy joining in with these games.
- 7. Have the qualified instructor allows the teachers to observe and use strategies that are being used by the instructor. This ensures a high standard of delivery in all of our swimming lessons. This is evident by the fact that 99% of last year's Year 6 children could swim at least 25M.
- 8. Increased activity on the playground in a range of games and activities for all children.
- Increased awareness of physical activity as party of a healthy life style alongside diet and life choices.
- 10. Ensure the curriculum delivery of health education is sufficiently comprehensive.

- and we now have the in school to use whenever felt necessary.
- 7. Our teachers are able to use the strategies that the qualified instructor uses and get advice about how to help children in their swimming lessons. This ensures high quality teaching and CPD.
- 8. Maintain good standards of equipment in future,
- Continue to moitor levels of activity and continue as part of curriculum.
- 10. Annual review of planning





| | Health and Well Being Day With arranged support from ARENA staff to deliver fitness activities at a whole school health and well-being awareness day. Curriculum review of Health education | | | |
|---|---|--|--|---|
| Diverse & Inclusive provide a fully inclusive offer that recognises the diverse needs of specific groups and identifies tailored opportunities for all young people (Key Indicator 4) | Alternative sports day. Every year group is having an alternative sports day where they get to try out 4 different sports throughout the day. Cornish Cricket company. All year groups have had 2 hours of curriculum time and an hour after school club throughout the year. Year 3 = Tag rugby/ Cricket Year 4 = Cricket/ Tag rugby Year 5= Tennis/ Cricket AFTER SCHOOL CLUBS Field gun. Year 5 and 6 all year Groups in the Autumn and Spring term Netball club. Run all year for all Year groups. Football team. All year for Year 5 and 6. Table Tennis/ Go Noodle/ Tag Rugby/ Year 3&4 | 1. £1,300 2. £990 per half term 3. £100 4. £2610 5. £120 6. Free 7. Free 8. 9. £90 10. £250 11. £325 12. £453.34 | The alternative sports days offer an opportunity for those children who normally disengage with PE or sports to try something different they may encourage them to become more active. It also gives the sporty children an opportunity to try their skills in a different area of sports that they may not have had the opportunity to do before. Using the Cornish Cricket Company allows us to offer a range of different activities as afterschool clubs throughout the year. Children of all ages are given the opportunity. We all use the Cornish Cricket Company in curriculum time to take one part of the PE curriculum for one term. This is done the children get a high level of coaching and the teachers take on board and learn new ways of teaching a sport they may not have been confident in before. The sports change every year to make | The alternative sports day will be sustainable to all the teachers are also taking part in the sessions, therefore learning how to coach these different sports. If we find that a specific sport has really engaged the children we will then look into getting the equipment needed for that sport to use in curricular and extra-curricular time. Review provision annually for quality of delivery and cost effectiveness. All other clubs are run by members of staff. The Porthpean trip is partly paid for by parents and partly paid through the PE funding. To commit to a regular annual program Monitor quality of delivery Continue to assess effectiveness of this tool in our practice Commit to updating training of current member of staff and research possible external |





- **Football.** Run every other half term for all Year groups.
- 4. Porthpean residential trip.
 This is run every year for the
 Year 5's who spend 2 nights
 at Porthpean to experience
 lots of alternative sports.
- 5. Sports day for iPupils.
 These 3 days will allow children who excel in specific activities to gain extra input in leadership skills.
- 6. Fun Fit. New equipment had been brought this year for the fun fit sessions to allow the pupils to have a variety of different sessions to suit their specific needs.
- 7. Absolute coaching. This scheme is being used throughout the school to monitor the participation of all children in extra-curricular sporting activities.
- 8. Forest Schools Equipment to support the Forest schools' trained cover supervisor in their delivery of outdoor activities in curriculum time to develop confidence, outdoor learning and self-esteem.

- sure the teachers are getting CPD in different sports and using the skills they have learnt from the previous year.
- 3. This range of sport driven after school clubs gives children opportunity to take part in and learn a diverse range of sports
- 4. The Porthpean residential trip is offered to all Year 5 students. The trip allows the children to try sports we cannot offer in school such as rock climbing and abseiling.
- 5. The sports days for gifted and talented are organised to cater for those children achieving highly in any aspect of sport. The day celebrates the children's achievements and gives them an opportunity to push themselves in different sports.
- 6. Fun fit is given to specific children that have been identified as needing deep pressure exercise as a sensory relief, to practice gross motors skills as they have dyspraxic tendency. These children have 15 minutes of fun fit every day. The money has been spend on new equipment for these specific activities.
- Using the absolute coaching website, teachers and the PE coordinator have been able to

provision.

As a next step the PE coordinator will consult with the science coordinator to create an active travel plan to promote a more healthy/greener travel to school.





| Competitions Provide a well organised, appropriate and enjoyable programme of competitions and festivals for students of all abilities (Key Indicator 5) | Cross country races Rame/ Peninsula High Five Netball Tournament Football league Tag rugby tournament Sports day Interschool sports Field gun events | 1.£1 per student per race 2.Free 3.Free 4.Free 5.Free 6.Free 7.Free | identify children that are not participating in any extracurricular sporting activities and from this we can aim to cater for the children better. 8. Imporved personal social and technical skills in an outdoor environment. 1-7: More children are able to get involved with competitive sports that teach them about sportsmanship and healthy lifestyle. We have found that children enjoy attending the clubs at school when they have competitions to work towards. | 1-7: All these competitions are run in the local area making them easy to attend. The next step is to try and organise more competitions at our school as we are lucky enough to have the space to do so. |
|--|---|---|--|---|
| Leadership, Coaching & Volunteering provide pathways to introduce and develop leadership skills | 1. Sugar Smart leaders. This is provided through ARENA. The children chosen to become a playground leader are given 8 hours of training where they learn how to organize and teach games suitable for different ages and abilities. They then work on the different playgrounds to allow opportunities for other children to join in with active games at lunch time. | Part of the ARENA package | 1. The Sugar Smart leaders have has the training provided by ARENA which has taught them how to organise small, active games in the playground with different children at lunch time. This is encouraging active play at lunch time. | 1. This service is provided at part of our ARENA package and is one of the reason we use ARENA as we feel it is important that the children take ownership of being active in school. |





| Community Collaboration ensure opportunities for young people of all abilities to extend their school activity transitioning into sustained community based sport | Using local sports companies (Cornish Cricket Company and the YMCA) for some of our extra-curricular activities and curriculum time PE lessons. Letting local sports companies use our facilities over school holidays. Local sports clubs are advertised at our school and on our school newsletters. Our field gun team rely on collaboration from local volunteers and they also provide demonstrations in the local community. | | | Using local companies allows our children the opportunity to use them outside of school times. Children get to experience the sport at school and then have the opportunity to take it further by joining a club outside of school. Our children are offered spaces in the holiday boot camps that are run using our facilities. | Allow these local companies to use our facilities means get a discounted rate for the afterschool clubs meaning that they are more sustainable. All teachers also take turns in observing the afterschool clubs. |
|--|--|---------------------|----|--|---|
| Workforce increased confidence, knowledge and skills of all staff in teaching PE & sport (Key Indicator 3) | P.E conference. 1 teachers attended this at the beginning of the year. P.E coordinator course. This is a 4 day course focusing on everything around being a P.E coordinator. Swimming CPD. All NQT's that teach swimming went on a swimming course in December. | 1. 2. £425 3. | 2. | The idea of using Absolute coaching came from attending the P.E conference which has improved our school system of tracking the activity of children in our school. Having a new P.E co-ordinator the course has provided information and support that is needed when taking on this new role and learning how to effectively carry out the job. This has provided the P.E coordinator with support of resources and information of how to improve P.E in our school. As all children need to be able to swim 25m by the end of Year 6 it is vital that the swimming | The ideas taken from the P.E conference have been passed on to all the teachers in our school making sure the good practice and information provided at the conference is being used by all the teachers at Carbeile. The information and good practice is being used to improve P.E at our school by all members of staff. The staff are now able to pass on any information they got from the course to other members of staff and high quality swimming lessons are being taught across the board. |





| lessons we are providing are of a high quality. The NQT that we have in our school felt they needed some extra support in this area and therefore the course provided them with lesson ideas and taught them how to provide high quality |
|--|
| swimming lessons. |

| Money spent so far | Money to spend | What the money will be spent on |
|-----------------------|----------------|--|
| £14,026.20 (54.5%) | £11,720.80 | Additional PE equipment and storage Top-up swimming Active 30 markings Improved play equipment New clubs |