



ET - March 2018

CARBEILE JUNIOR SCHOOL

PHYSICAL EDUCATION POLICY

A. Policy Statement

1. PE promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle.
2. PE develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities.

B. Aims

- To enable children to develop and explore physical skills with increasing control and coordination;
- To encourage children to work and play with others in a range of situations;
- To develop the way children perform skills and apply rules and conventions for different activities;
- To increase children's ability to use what they have learnt to improve the quality of their performance;
- To teach children to recognise and describe how their bodies feel during exercise;
- To develop the children's enjoyment of physical activity through creativity and imagination.

C. Staffing/Staff Development

1. Each teacher is responsible for taking their own class for PE although there are opportunities for teachers to take other classes to further their professional development.
2. Specialist PE teaching and visits are welcomed within the school. CPD of staff is regularly reviewed to ensure they are up skilled in different areas.
3. Staff development needs are identified through PE reviews; resources and advice are allocated to meet specific needs.

D. Entitlement

1. PE is a foundation subject in the National Curriculum. It is a compulsory part of the curriculum for pupils from the ages of 4 – 16. Our school uses ARENA sports planning which is in line with the National Curriculum planning in PE. In

accordance with Key Stage 2 we teach compulsory dance, games and gymnastics, two other activities: swimming and water safety, and athletics.

2. To provide a high quality PE curriculum, and to be in line with the national requirements, we allocate two hours a week of curriculum time for each class including one hour indoor time. In Years 5 & 6 this includes swimming time.
4. Each unit of work from the curriculum is taught over a minimum of six weeks providing an excellent opportunity to monitor progression using our bronze, silver and gold monitoring system.
5. All four strands of knowledge, skills and understanding from the NCPE 2014 are built in to the new framework/planning and covered in each unit of work.
6. Swimming is taught in Years 5 & 6 and children swim for half an hour every week. Athletics is taught in every year group in the Summer Term. OAA (Outdoor Adventure Activities) are provided for children in Year 5 as part of a two and a half day residential to Duchy College.

E. Out of School Hours Learning (OSHL)

1. The school aims to encourage children to further develop their skills in physical education through a range of OSHL programmes.
2. The school provides a range of PE related activities for children at the end of the school day. Clubs on offer throughout the school year include: football, netball, touch rugby, dance/gymnastics, field gun and cross country.
1. OSHL programmes enable children of all abilities to participate in competitive sporting activities. The school also plays regular fixtures against other local schools.

F. AOTTs (Adults Other Than Teachers)

1. AOTTs may support teachers with management and supervision of pupils during activities. For these lessons AOTTs are provided with appropriate planning and instruction.
2. Parents are encouraged to support their own children with transport when this cannot be provided by the school.
3. AOTTs may be used to support teaching in OSHL programmes.
4. AOTTs may be used in curriculum time to support children with specific learning requirements.

G. Safe Practice

1. Health and safety awareness is an integral part of children's learning in PE. Staff ensure children know how to handle and work with PE equipment safely and this is planned and taught through out the PE curriculum.
2. All staff work to accepted codes of practice in PE (Safe Practice in PE BAALPE 2012).
3. Children are regularly reminded to bring appropriate kit by their class teacher. No jewellery, including watches, are worn during P.E lessons.

4. Policies and procedures documented within the Health & Safety Policy are followed by all teachers.
5. All teachers involved in teaching swimming are aware of emergency action plans to be used in the swimming pool.
6. A qualified lifeguard is employed for Year 5 & 6 swimming at HMS Raleigh.
7. Gymnastics equipment is checked on an annual basis by an outside agency. The PE co-ordinator checks equipment on a termly basis and each teacher is responsible for checking equipment before using it in a lesson.
8. All relevant risk assessments have been completed in relation to PE activities.

H. Cross-Curricular Links

1. PE contributes to the teaching of English in our school by encouraging children to describe what they have done and to discuss how they might improve their performance.
2. ICT is used to support PE to support PE teaching for example; videos and photographs when appropriate. Staff may use digital equipment to support assessment in PE and model good practice.
3. PE contributes to the teaching of PSHE (Personal, Social and Health Education) and Citizenship. Children learn about the benefits of exercise and healthy eating, and how to make informed choices about these things. PE supports social development and promotes co-operation and team work.
4. Cross curricular work is planned and events organised to recognise national and international celebrations.
5. Where appropriate cross curricular links are highlighted within PE planning.

I. Equal Opportunities and Inclusion

In all classes there are children of differing physical ability. We provide suitable learning opportunities for all children through a range of strategies:

- setting common tasks that are open-ended and can have a variety of results;
- setting tasks of increasing difficulty, where not all children complete all tasks;
- grouping children by ability and setting different tasks for each group;
- providing a range of challenge through the provision of different resources;
- fun fit club

J. Equipment and Resources

There is a wide range of resources to support the teaching of PE across the school. Outdoor equipment is kept in our PE shed and the hall contains a range of large apparatus. The children use the school field for games and athletics. Swimming lessons take place at HMS Raleigh. The YMCA Sports Hall and TCC facilities can be used for club activities and festivals. Pupils have access to a variety of equipment at break and lunch times; this is organised using a rotation system so each class has an opportunity to use equipment. **The playground leaders also provide games and activities using the equipment every lunch time.**

K. Leadership and Management Roles

1. The PE Co-ordinator is responsible to the Headteacher.

2. The annual PE budget is managed by the PE Co-ordinator. Spending needs are identified by the Co-ordinator who is responsible for purchasing and maintaining equipment. The Co-ordinator also encourages whole school participation in retail voucher collection schemes and pursues external funding available through grants and businesses.
2. Monitoring of children's work and the quality of the teaching in PE is the responsibility of the PE Co-ordinator.
3. Monitoring and evaluation of Sports Premium expenditure.

Information gathered is reported to all teaching staff, the Headteacher and Governors.

L. Assessment and Recording

1. Assessment of the children in each area of P.E is done through a bronze, silver and gold grading system to allow the teachers to record how a child performs in each area of P.E. It is then down to the class teacher to address any children not achieving bronze.
2. Records enable the teacher to make an annual assessment of progress for each child, as part of the child's annual report to parents.
3. Sports Premium Data.

M. Related Documents

Curriculum Policy
Health & Safety Policy
Equal Opportunities Policy
Special Educational Needs Policy
Manual Handling Policy
PSHE Policy
Assessment, Record Keeping and Reporting Policy
Teaching and Learning Policy
ICT Policy
Literacy Policy

N. Policy Review

Unless earlier revision is required, this policy document will be reviewed every three years in line with other curriculum policies. Electronic copies of the document will be retained by the Clerk and Senior Administration Officer. A hard copy will be stored in the Policy file.

Date of next review: Spring 2021

Signed Headteacher: Mr P Hamlyn

Signed Chair of Governors: Mrs D Wilkinson

Date: 5th March 2018